Summer Bucketlist

FOR HEALING AFTER DIVORCE

- [ ] Go on a solo trip
- [ ] Sign up for a new class
- [ ] Start a new hobby
- [ ] Create a gratitude list
- [ ] Start a journaling practice
- [ ] Start a new tradition with your kids
- [ ] Go to the beach
- [ ] Visit a farmer's market
- [ ] Go hiking
- [ ] Have a picnic in the park
- [ ] Volunteer
- [ ] Watch a sunset
- [ ] Sign out of social media for a couple of days
- [ ] Go stargazing
- [ ] Have a pillow fight with your kids
- [ ] Grab dinner with a friend
- [ ] Try a new coffee shop
- [ ] Pamper yourself
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